MONTH_____YEAR_____

NAME _____DATE OF BIRTH_____

BARIATRIC SUPPORT GROUP MEETING SCHEDULE
THIRD THURSDAY OF EACH MONTH, 6:00PM
CLEARVIEW REGIONAL MEDICAL CENTER
(COME IN MAIN HOSPITAL ENTRANCE)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____
___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____
___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____
___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____
___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____
___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____	___ DAILY WT_____ EXERCISE____ NUTRI PTS____